



# Gaudenzia Workforce Academy

A PATHWAY TO  
PROFESSIONAL  
DEVELOPMENT

2017 TRAINING BROCHURE



# Gaudenzia Training Institute

[www.gaudenzia.org](http://www.gaudenzia.org)



Over **48** Years  
Of  
Comprehensive Knowledge

2	Mission Statements & Acknowledgements
3	Policy Statements
4	Directions
6	Registration Information
7	<b>Course Descriptions</b>
7	De-Escalation of Aggression
7	The Therapeutic Community: Principles & Philosophies
8	Clinical Record Keeping and Current Standards
8	Group Counseling
8	Infection Control
9	Cognitive Behavioral Counseling
9	Ethics
9	Tuberculosis and Sexually Transmitted Diseases
10	Managing Workplace Violence
10	Suicide Prevention
10	ServSafe Essentials
11	Gender Responsive Treatment for Women
11	Motivational Enhancement Techniques & Principles of Motivational Interviewing
11	HIV/AIDS
11	Relapse Prevention
12	CPR/First Aid
12	Conflict Resolution
12	Pennsylvania Client Placement Criteria
13	Confidentiality
13	Providing Excellent Customer Service in Behavioral Healthcare
14	Hepatitis C/HIV Co-Infection
14	Introduction To Counseling
14	Co-Occurring Disorders
15	Providing Culturally Affirmative Services for LGBTQI Communities
15	Culturally Sensitive Treatment
16	Introduction to Pharmacology & Designer/Synthetic Drugs
16	Overview of Substance Abuse
17	Advertisements
19	Registration Form

*contents*



# Gaudenzia Training Institute's

## *Mission Statement*

The Gaudenzia Training Institute, operating since 1990, has a mission to educate the public about chemical dependency and related conditions.

Thus, the goals of our training institute are:

To enhance the services provided to the chemically dependent and/or co-occurring diagnosed individual through on-going education for treatment providers;

To share with the treatment community our knowledge and skills based on over 48 years of service for the chemically dependent, women and children, and/or co-occurring diagnosed persons;

To assist drug and alcohol treatment professionals in obtaining state honored education and;

To make a contribution towards upholding the standards of treatment, through the on-going education of treatment professionals.

## *Acknowledgements*

The Gaudenzia Training Institute has been developed by and maintained through the efforts of a core group of Gaudenzia Staff known as the Training Committee. They have identified the various areas of expertise represented among our staff of approximately 1000 and have compiled that knowledge into written, presentable formats. They are applauded for their hard work and dedication over the years.

To register  
online

[www.gaudenzia.org](http://www.gaudenzia.org)

(click on the training link)

## *Intended Audience*

These courses are open to all Human Service and Health Care professionals. Each course description provides a brief statement regarding how individuals will benefit from the course. Course topics can be found for all levels of human service employees, including support staff, novice and experienced clinicians, health care and supervisory personnel.

## *PCB/DDAP/MAPCB/BOPC Approved for CAC Credits/Certificates*

In keeping with the goals of this institute each eligible course has been approved by the Pennsylvania Certification Board, Pennsylvania's Department of Drug & Alcohol Programs, Maryland's Board of Professional Counselor & Therapists, and the Maryland Addiction Professionals Certification Board. In addition, some courses meet DOC, ACA, CARF, NIAC and CBH credentialing requirements. Trainees will receive a certificate of completion at the end of each course which may be presented to certifying and/or regulatory bodies.

## *Location*

To provide access for employees in Pennsylvania, Maryland, Delaware and surrounding regions, courses are offered at six different locations. These locations include: Gaudenzia Corporate Office (Norristown), Gaudenzia Central Regional Office (Harrisburg), Gaudenzia Crossroads (Erie), Gaudenzia Gibson (Harrisburg), Shelton Court (Philadelphia), Gaudenzia RAP (Washington, DC), Gaudenzia Nelson Center (West Chester), and Gaudenzia Weinberg Center (Woodland). Training courses are offered at each site throughout the year. To find out where and when each course is offered refer to the course descriptions beginning on page 7. Directions to each training site can be found on page 4.

## *Hours/Meals*

Unless otherwise indicated, the hours for each training session will be:

(6 hours)      9:00 AM to 4:00 PM

(4 hours)      9:00 AM to 1:00 PM

Coffee and refreshments will be provided. Lunch will not be provided

## *Trainers*

Trainers for the courses are Gaudenzia staff members, BOPC, MAPCB, PCB, or State approved trainers who have successfully facilitated training sessions for Gaudenzia in the past, and have expertise in the subject matter of the course.

## *Fees*

The cost for each course can be found with the course description (see pages 7 through 16). All fees are due with the registration form (page 20).

*policy statements*

## *Directions:* (7/18B means old exit 7B/ new exit 18B)

**GAUDENZIA'S CORPORATE OFFICES (NORRISTOWN)**  
**(610) 239-9600**  
**106 W. Main Street, Norristown, PA 19401**

### **From Points North Via PA Turnpike:**

Exit at the mid-county exit (25/333 toward Philadelphia/Chester). Merge onto 476 South. Take first exit (7/18B Norristown). At the end of the ramp turn right onto Ridge Pike and follow Ridge Pike 2.5 miles into Norristown (Ridge Pike becomes Main Street). Once you cross Cherry Street, we are the second building from the corner on the left hand side. There is a parking garage that offers all day parking in the 100 block of East Main Street (1 1/2 blocks before you get to Gaudenzia). Additionally, there are metered and free two and four hour street parking spaces at select locations surrounding the building.

### **From Philadelphia and Points East via Schuylkill Expressway (76):**

Take 76 West to 476 North. Follow 476 North to exit (7/18B Norristown). Take Norristown exit (7/18B) and turn right at bottom of ramp. Turn right again at first light onto Ridge Pike. Take Ridge Pike into Norristown (Ridge Pike becomes Main Street). Once you cross Cherry Street, we are the second building from the corner on the left hand side. There is a parking garage that offers all day parking in the 100 block of East Main Street (1 1/2 blocks before you get to Gaudenzia). Additionally, there are metered and free two and four hour street parking spaces at select locations surrounding the building.

### **From Points West or South via PA Turnpike or Route 202:**

Exit turnpike at exit 24/326 (Valley Forge). Follow 202 North through King of Prussia. Do not bear right at sign for 202 North (you will still be on 202). Turn right on Main Street (at Markley Square) and travel 1 1/2 blocks. We are the second building from the corner of Main and Cherry on the right hand side of the street. There is a parking garage that offers all day parking in the 100 block of East Main Street (1 1/2 blocks past Gaudenzia). Additionally, there are metered and free two and four hour street parking spaces at select locations surrounding the building

**GAUDENZIA NELSON CENTER (WEST CHESTER)**  
**(610) 399-6929**  
**1030 S. Concord Road, West Chester, PA 19382**

### **From Harrisburg & Lancaster:**

Take the PA Turnpike East to Exit (23/312) (Downingtown). Take Route 100 South through the intersection of route 30 and continue straight—do not take the exit ramp for Route 100. If you continue straight you will merge onto Route 202 South. At the first traffic light on 202, which is Matlack Street, get in the left turn lane and turn left at the light (Kelly Sports, Fed Ex and Spaz Beverage will be on the corners). Follow the road; it will bend sharply to your left. Go to the bottom of the hill. Turn right onto South Concord Road at the stop sign. Go 1/3 of a mile. You will see the “Gaudenzia” sign on your right. Follow the driveway to the parking area.

### **From Philadelphia:**

Take the Schuylkill expressway (76) West. Take the exit for West Chester (Route 202 South). Stay on 202 South until you come to the first traffic light which is Matlack St, get in the left turn lane and turn left at the light (Kelly Sports, Fed Ex and Spaz Beverage will be on the corners). Follow the road; it will bend sharply to your left. Go to the bottom of the hill. Turn right onto South Concord Road at the stop sign. Go 1/3 of a mile. You will see the “Gaudenzia” sign on your right. Follow the driveway to the parking area.

### **From Points South:**

Take Route 202 North to Matlack Street (Kelly Sports, Fed Ex and Spaz Beverage will be on the corners). Make a right onto Matlack Street. Follow the road; it will bend sharply to your left. Go to the bottom of the hill. Turn right onto South Concord Road at the stop sign. Go 1/3 of a mile. You will see the “Gaudenzia” sign on your right. Follow the driveway

**GAUDENZIA CROSSROADS (ERIE)**  
**(814) 459-4775**  
**414 West 5th Street, Erie, PA 16507**

**GAUDENZIA RAP**  
**(202) 462-7500**  
**1949 Fourth Street NE, Washington, DC 20002**

**GAUDENZIA WEINBERG CENTER**  
**(BALTIMORE – WOODLAND)**  
3643 Woodland Avenue, Baltimore, MD 21215

**From Points South Via Interstate 95 North:**  
Take I-95 North to I-83 North. Get off I-83 at the Cold Spring Lane West exit-exit 9B. Merge onto W COLD SPRING LANE. Turn RIGHT onto MD-140 / REISTERSTOWN RD. Turn LEFT onto WOODLAND AVE. End at 3643 Woodland Avenue.

**From Points North Via Interstate 95 South:**  
Take I-95 South to I-495 South. Merge onto I-495 South via exit 11 toward PORT OF WILMINGTON / BALTIMORE. I-495 South becomes I-95 South (Toll). Merge onto I-695 West BALTIMORE BELTWAY OUTER LOOP toward TOWSON. Take the I-83 South/MD-25 exit – Exit 23A-B. Merge onto I-83 South via Exit 23A on the left toward Baltimore. Take the Spring Lane West exit-exit 9B. Merge onto W COLD SPRING LANE. Turn RIGHT onto MD-140 / REISTERSTOWN RD. Turn LEFT onto WOODLAND AVE. End at 3643 Woodland Avenue.

---

**GAUDENZIA CENTRAL REGIONAL OFFICE**  
**(717) 238-4200**  
2930 Derry Street, Harrisburg, PA 17111

**From Philadelphia:**  
Start out going west on Market St toward N Juniper St / PA-611 N. Map Hide Map. Turn right onto N Juniper St / PA-611 N. Map Hide Map. Residence Inn Philadelphia Center City is on the corner. Turn left onto John F Kennedy Blvd / PA-611 N. Continue to follow John F Kennedy Blvd. Courtyard Philadelphia Downtown is on the corner. Turn right onto Schuylkill Ave / PA-3 W. Merge onto I-76 W toward Valley Forge (Portions toll). Merge onto I-283 N via EXIT 247 toward Harrisburg East / Harrisburg / Hershey. Merge onto I-83 S via EXIT 3A on the left toward Harrisburg. Take the Paxton St / Bass Pro Dr exit, EXIT 45. Keep right to take the Paxton St / Bass Pro Dr ramp. Merge onto Paxton St. Turn right onto City Park Dr. City Park Dr becomes S Paxtang Ave. Turn left onto Derry St. 2930 DERRY ST is on the right

**From Harrisburg:**  
Start out going northwest on N 2nd St toward Strawberry Aly. Take the 2nd left onto Walnut St. Take the 2nd left onto N Front St. Merge onto I-83 N toward Airport / Hershey. Take EXIT 45 toward Paxton Street. Turn right onto Wayne St. Turn right onto S 29th St. Take the 2nd right onto Derry St. 2930 DERRY ST is on the left.

**GAUDENZIA GIBSON HOUSE (HARRISBURG)**  
**(717) 564-0231**  
907 Gibson Blvd., Steelton, PA 17113

**From Philadelphia:**  
Take I-76 W (Portions toll). Merge onto I-283 N via EXIT 247 toward HARRISBURG EAST / HARRISBURG / HERSHEY. Merge onto I-83 S via EXIT 3A on the LEFT toward HARRISBURG. Take the 17TH ST exit, EXIT 44B. Turn LEFT onto PAXTON ST. If you reach RANDOLPH ST you've gone a little too far. Turn RIGHT onto S 19TH ST. South 19TH ST is just past DEAN ST. Turn LEFT onto GIBSON BLVD. GIBSON BLVD is 0.5 miles past CALEDONIA ST. Gibson House is on the left. The destination is 0.4 miles past UPS DR.

**From Harrisburg:**  
Start out going NORTHWEST on N 2ND ST toward DELAWARE St. Take the 1st LEFT onto DELAWARE ST. If you reach PEFFER ST you've gone a little too far. Turn LEFT onto N FRONT St. Turn SLIGHT LEFT onto PAXTON ST. PAXTON ST is just past WASHINGTON ST. Turn RIGHT onto S 19TH ST. South 19TH ST is just past DEAN ST. Turn LEFT onto GIBSON BLVD. GIBSON BLVD is 0.5 miles past CALEDONIA ST. Gibson House is on the left.

---

**GAUDENZIA SHELTON COURT (PHILADELPHIA)**  
**(267-428-7800)**  
6433 North Broad Street, Philadelphia, PA 19126

**From Points South Via Interstate 95 North:**  
Take I-95 North to North Delaware Ave (Take EXIT 23 from I-95N). When you come off the exit ramp onto Delaware Ave, get in your right lane, and merge onto Richmond Street. Follow Richmond Street to Lehigh Ave. Make a left onto Lehigh Ave. Follow Lehigh Ave to North Broad Street. Turn right onto North Broad Street, and follow North Broad Street to 6433 North Broad Street. You will arrive at your destination at Broad Street & Cheltenham Avenue.

**From Points North Via Interstate 95 South:**  
Take I-95 South to Exit 30. Take Levick Street to US-13S. Continue to E Roosevelt Blvd. Follow Adams Ave and E Godfrey Ave to North Broad Street. Turn right onto North Broad Street and continue to 6433 North Broad Street. You will arrive at your destination at Broad Street & Cheltenham Avenue.

**From Points West or South Via PA Turnpike or Route 202:**  
From 202 South or via PA Turnpike merge onto I-76 E via EXIT 326 toward PHILADELPHIA (Portions toll). Keep RIGHT on I-76E to take Roosevelt Blvd, US-1 N, to 611 N, Broad Street Exit. Merge right off the Exit Ramp and continue to Broad Street. Turn left onto Broad Street and continue to 6433 North Broad Street. You will arrive at your destination at Broad Street & Cheltenham Avenue.

## *Registration*

**DEADLINE:** All registration forms and payments are to be sent to:

**Gaudenzia Training Institute**  
**106 W. Main Street**  
**Norristown, PA 19401**  
**or call/fax to:**  
**610-239-9600 ext. 1044**  
**610-239-9324 Fax**

Please make checks payable to **“Gaudenzia Training Institute.”**

### **FORMS:**

The registration form can be found on page 20. Copies of this form may be made. All forms must be printed and completed entirely. If any information is missing the registration form will be returned.

Forms must be received no later than 3 calendar days prior to the date of the training session. We recommend that you enroll your staff in relevant training sessions as soon as possible. Each registrant will receive a written confirmation by email and/or fax. Each course will be limited in the number of trainees it can accommodate, and registration will be closed when course capacity is reached.

### **WAITING LIST:**

If you have attempted to enroll in a course that was full you will be placed on a waiting list for the session. If there is a cancellation you will be notified that you may attend.

## *Additional Information*

If you require additional information regarding the Gaudenzia Training Institute please contact:

**Samantha Fox, Administrative Coordinator**  
**Training Department**  
**106 W. Main Street**  
**Norristown, PA 19401**  
**610-239-9600 ext. 1044**  
**610-239-9324 Fax**

Written materials distributed during these courses are not to be reproduced for personal or professional use without the express written consent of Gaudenzia Foundation, Inc.

# COURSE

## DESCRIPTIONS

### *De-Escalation of Aggression*

Audience..... Health &  
Human Services Professionals  
Capacity ..... 20  
Length ..... 6 Hours  
Cost..... \$135.00  
Dates & Location:        2/9/17 • Derry  
                                     3/7/17 • Woodland  
                                     4/4/17 • Nelson  
                                     5/10/17 • Derry  
                                     6/6/17 • Woodland  
                                     7/13/17 • Corporation  
                                     8/16/17 • Derry  
                                     9/6/17 • Woodland  
                                     10/4/17 • Corporation  
                                     11/1/17 • Derry  
                                     12/5/17 • Woodland

Through case studies, group discussion and role play this course will teach participants how to verbally and behaviorally diffuse situations that could otherwise result in confrontations and/or the use of physical force by individuals in health care and treatment settings. This course meets CBH Credentialing requirements and is PCB approved.

Course Goals include:

- Developing a clear understanding of your responsibility in the management of aggressive behavior in patients/clients;
- Developing a better understanding of the nature and dynamics of aggressive behavior in patients/clients;
- Recognizing the risks factors and signs of a situation that may need intervention;
- Understanding counter-aggression;
- Developing a repertoire of non-physical intervention techniques to be used in the management of aggressive behavior.

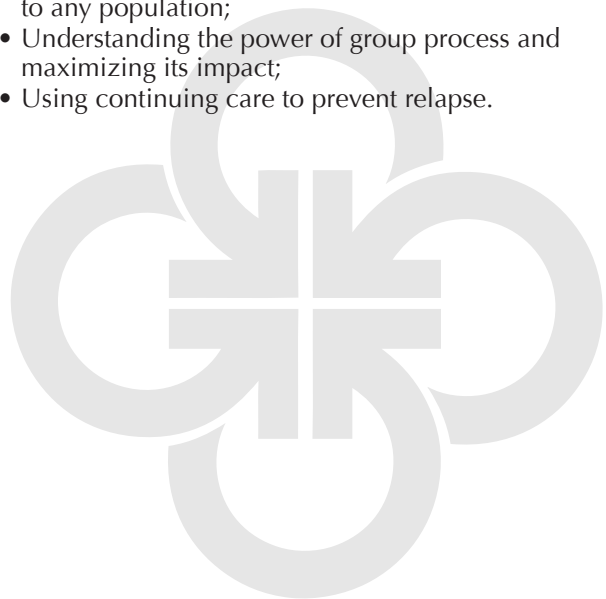
### *The Therapeutic Community: Principles & Philosophies*

Audience..... D&A Treatment Professionals  
Capacity ..... 18  
Length ..... 30 Hours: 5 Days  
Cost..... \$525.00  
Dates & Location:        To Be Announced

Through didactic and experiential learning this course teaches the basic philosophies and techniques of the Therapeutic Community treatment environment. With the use of written materials, lecture, role play and group exercises, instructors lead training participants through the experience of the TC environment, stimulating a thorough understanding of its impact.

Course Goals Include:

- Understanding the TC and what makes it effective;
- Identifying the differences between the TC and other treatment modalities;
- Learning the tools of treatment and how to adapt them to any population;
- Understanding the power of group process and maximizing its impact;
- Using continuing care to prevent relapse.





## Clinical Record Keeping & Current Standards

Audience..... D&A Treatment Professionals  
Capacity ..... 15  
Length ..... 12 Hours: 2 Days  
Cost..... \$233.00  
Dates & Location:        2/22/17 - 2/23/17 • Derry  
                                  4/6/17 - 4/7/17 • Woodland  
                                  4/26/17 - 4/27/17 • Corporation  
                                  6/14/17 - 6/15/17 • Derry  
                                  7/26/17 - 7/27/17 • Woodland  
                                  8/23/17 - 8/24/17 • Corporation  
                                  10/12/17 - 10/13/17 • Derry  
                                  12/7/17 - 12/8/17 • Corporation

Beginning with a focus on the new client in treatment, this course teaches the counselor to perform a thorough assessment, obtain a complete psychosocial history, and begin treatment planning and the creation of a client file. Participants gain hands-on experience in interviewing, writing and treatment planning.

### Course Goals Include:

- Breaking down communication barriers, and obtaining information from even the most resistant client;
- Writing a concise psychosocial history;
- Writing a relevant, measurable treatment plan;
- Compiling and maintaining a client file, and understanding how to use it.

## Group Counseling

Audience..... Treatment Professionals  
Capacity ..... 12  
Length ..... 12 Hours: 2 Days  
Cost..... \$233.00  
Dates & Location:        3/9/17 - 3/10/17 • Corporation  
                                  3/30/17 - 3/31/17 • Woodland  
                                  5/17/17 - 5/18/17 • Corporation  
                                  9/21/17 - 9/22/17 • Derry  
                                  11/15/17 - 11/16/17 • Corporation

This course gives the experienced counselor a broader understanding of group dynamics, staff's role in group, and counseling techniques for group counseling. In addition to lecture and written material, this course uses group exercises to increase knowledge and skill.

### Course Goals Include:

- Understanding the roles played by group members and how to address each role;
- Recognizing various types of groups and understanding when to use each type;
- Teaching the importance of a strong group leader and when, why and how the leader should intervene;
- Learning to evaluate the effectiveness of groups.

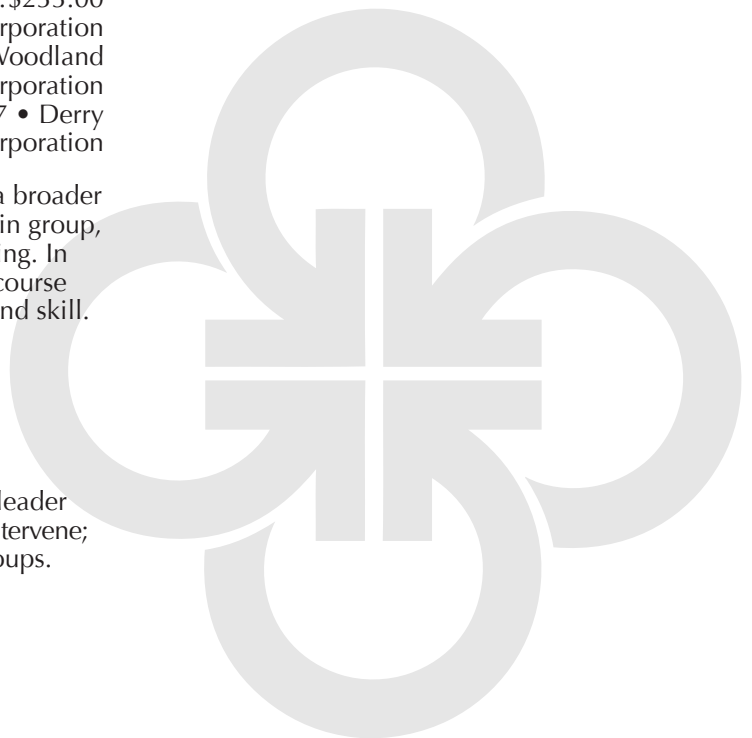
## Infection Control

Audience. Health & Human Services Professional  
Capacity ..... 20  
Length ..... 6 Hours  
Cost..... \$135.00  
Dates & Location:        2/15/17 • Derry  
                                  3/2/17 • Corporation  
                                  3/24/17 • Woodland  
                                  4/14/17 • Woodland  
                                  5/11/17 • Derry  
                                  6/9/17 • Corporation  
                                  6/22/17 • Woodland  
                                  8/21/17 • Derry  
                                  9/19/17 • Corporation  
                                  11/10/17 • Woodland  
                                  12/20/17 • Derry

This course explores the presence of infectious disorders and teaches information and techniques to enhance awareness and prevent the spread of infections in a health care and/or treatment setting. This course meets CBH Credentialing requirements and is PCB approved.

### Course Goals Include:

- Identifying the most common sources of infections and routes of transmission;
- Learning simple techniques to prevent the spread of infectious diseases;
- Understanding the pathogens involved in spread of infection;
- Identifying the connection between life style issues such as addiction and the prevalence and spread of infections;
- Exploring the prevention and treatment for infectious diseases.



## Cognitive Behavioral Counseling

Audience.....Health & Human Services Professionals  
 Capacity ..... 15  
 Length ..... 6 Hours  
 Cost..... \$135.00  
 Dates & Location: To Be Announced

This course is designed to help Healthcare and Human Services Professionals gain an understanding that cognitive behavioral interventions are based on the simple principle that thinking (an internal behavior) controls our actions (external behavior). Therefore, by teaching clients to focus on the content of their thinking, they can take charge of their lives, and lead more effective lives, as well as change their antisocial beliefs to pro-social ones.

### Course Goals Include:

- Developing a clear understanding of Cognitive Self-Change – We take charge of our lives and lead more effective lives by taking control of our ways of thinking;
- Introducing the basic concept of cognitive-restructuring – our thinking controls ours behavior;
- Learning to teach clients to critically examine their own thoughts;
- Learning to teach clients the connection between their thoughts, related feelings/emotions and their behavior;
- Identifying irrational beliefs and how to challenge them;
- Exploring new “cognitive skills” to assist in basic decision making and problem solving.

## Ethics

Audience.....Health & Human Services Professionals  
 Capacity ..... 20  
 Length ..... 6 Hours  
 Cost..... \$135.00  
 Dates & Location: 1/25/17 • Woodland  
 2/17/17 • Corporation  
 3/15/17 • Derry  
 4/10/17 • Woodland  
 5/4/17 • Corporation  
 6/20/17 • Derry  
 8/8/17 • Woodland  
 8/18/17 • Corporation  
 9/7/17 • Derry  
 11/17/17 • Corporation  
 11/29/17 • Woodland  
 12/1/17 • Derry

This course offers an in depth analysis of ethical behavior in a field fraught with unethical possibilities. In addition to lecture and written materials, participants role play a variety of situations which often lead to unethical behavior.

### Course Goals Include:

- Heightening awareness of the myriad of unethical behaviors treatment professionals can fall victim to;
- Assisting in the understanding of the professional's own feelings and belief systems;
- Teaching individuals how to deal with inappropriate client/family requests;
- Assisting individuals in recognizing and addressing the unethical behaviors of others.

## Tuberculosis & Sexually Transmitted Diseases

Audience ..... Health & Human Service Professionals  
 Capacity ..... 25  
 Length ..... 4 Hours  
 Cost..... \$135.00

Dates & Location: 2/2/17 • Corporation  
 2/21/17 • Woodland (HIV/AIDS/TB/STD)  
 4/18/17 • Derry  
 5/2/17 • Woodland (HIV/AIDS/TB/STD)  
 5/24/17 • Nelson  
 8/11/17 • Corporation  
 8/25/17 • Central  
 9/26/17 • Woodland (HIV/AIDS/TB/STD)  
 11/17/17 • Nelson  
 12/15/17 • Woodland (HIV/AIDS/TB/STD)

This course is designed to provide participants with knowledge on tuberculosis and sexually transmitted diseases. The participant will gain knowledge on recognizing symptoms of various diseases, modes of transmission, prevention and treatment measures.

### Course Goals Include:

- Learning the history of tuberculosis;
- Identifying the types of common sexually transmitted diseases;
- Understanding the transmission of tuberculosis and sexually transmitted diseases;
- Exploring the epidemiology of tuberculosis and sexually transmitted diseases;
- Learning treatment and prevention measures.

## Managing Workplace Violence

Audience..... Healthcare & Human Services Professionals  
Capacity ..... 20  
Length ..... 6 Hours  
Cost..... \$135.00  
Dates & Location: 1/24/17 • Corporation  
3/9/17 • Woodland  
5/22/17 • Derry  
9/1/17 • Derry  
10/6/17 • Woodland  
11/9/17 • Corporation

This course is designed to provide Healthcare and Human Services Professionals with both a comprehensive overview of workplace violence in all its forms, as well as, a cluster of preventive and reductive strategies to enhance staff security and safety.

### Course Goals Include:

- Defining the 4 types of Workplace Violence;
- Identifying and discussing characteristics of likely victims and perpetrators of Workplace Violence;
- Identifying “Triggering Events” and volatile situations that often lead to Workplace Violence;
- Learning when and how to report violent threats to police, security, supervisors and/or administrative staff;
- Exploring effective methods and strategies for diffusing hostility and aggression in the Workplace;
- Demonstrating how to defuse hostility and aggression in the workplace in a series of realistic scenarios.

## ServSafe Essentials

Audience.....Health & Human Services Professionals  
Capacity ..... 20  
Length ..... 6 Hours  
Cost..... \$135.00  
Dates & Location: 2/28/17 • Derry  
3/21/17 • Corporation  
6/23/17 • Woodland  
9/14/17 • Woodland  
10/27/17 • Corporation

This course participants needs to know food safety and the critical importance of its role. And they need to learn how to share food safety knowledge with every employee.

### Course Goals Include:

- Gain knowledge of food safety;
- Learn the critical importance of its role;
- Become ServSafe Certified

## Suicide Prevention

Audience..... Health & Human Services Professionals  
Capacity ..... 20  
Length ..... 6 Hours  
Cost..... \$135.00  
Dates & Location: 2/16/17 • Woodland  
2/24/17 • Nelson  
3/23/17 • Derry  
4/21/17 • Corporation  
4/25/17 • Woodland  
6/13/17 • Nelson  
7/7/17 • Woodland  
9/28/17 • Derry  
10/24/17 • Corporation  
12/14/17 • Derry

This course is designed to help professionals recognize risks and warning signs of suicidality in a health care setting. The participant will also gain an understanding of the demographics, cultural factors, and belief systems linked to suicide, as well as gain knowledge of effective interventions to reduce and prevent actual suicide attempts. This course meets CBH requirements and is PCB approved.

### Course Goals Include:

- Exploring the incidence of suicide, including demographic characteristics and cultural factors;
- Identifying issues and indicators that increase the risk for overt self-destructive behavior;
- Discovering effective techniques for intervention with the individual who may be suicidal;
- Learning important communication skills and techniques for early intervention and prevention of attempts;
- Learning when and how to safely refer an at risk client for psychiatric evaluation.

## Gender Responsive Treatment for Women

Audience....Health & Human Services Professionals  
 Capacity .....20  
 Length ..... 12 Hours  
 Cost.....\$233.00  
 Dates & Location: To Be Announced

This two-day course is designed to introduce participants to the concept of gender-specific treatment, and provide a basic understanding of the challenge of working with women and their children. Participants will gain an overview of the complexity of this population, and take with them techniques that have proven to be successful.

### Course Goals Include:

- Learning the history of women and children’s treatment;
- Identifying various medical concerns, risks, and complications of substance abusing women;
- Exploring the ramifications of domestic violence as a means to exert power and control over women and children;
- Understanding sexual and emotional trauma;
- Identifying and learning to use effective techniques in gender-specific treatment.

## Motivational Enhancement Techniques & Principles of Motivational Interviewing

Audience....Health & Human Services Professionals  
 Capacity .....20  
 Length ..... 6 Hours  
 Cost.....\$135.00  
 Dates & Location: To Be Announced

This course is designed to teach participants a client-centered, directive approach to enhance intrinsic motivation for behavioral change in individuals, by working with and resolving ambivalence.

### Course Goals Include:

- Understanding the Stages of Change;
- Learning The relevance of the Stages of Change with regard to treatment;
- Learning to implement the readiness ruler during treatment;
- Defining the Principles of Motivational Interviewing;
- Learning OARS (open Ended questions, Affirmations, Reflections, and Summaries);
- Learning how to deal with Sustain-talk (resistance);
- Exploring how to engage in Change-Talk;
- Discovering appropriate motivational strategies for each stage of change

## HIV/AIDS

Audience..... Health & Human Service Professionals  
 Capacity .....20  
 Length ..... 6 Hours  
 Cost.....\$135.00  
 Dates & Location: 2/6/17 • Nelson  
 2/24/17 • Derry  
 5/11/17 • Corporation  
 5/12/17 • Derry  
 7/20/17 • Derry  
 8/15/17 • Nelson  
 11/17/17 • Derry  
 12/12/17 • Corporation

This course educates participants regarding the nature of HIV/AIDS, preventive measures and working with infected individuals. Course materials are continuously updated to provide the most recent findings regarding demographics, treatment and other pertinent issues.

### Course Goals Include:

- Providing an understanding of the connection between substance abuse and HIV disease;
- Increasing knowledge about HIV disease, transmissions, progression and symptoms, methods of prevention, risk reduction and health promotion;
- Learning how to assist clients in making a personal decision of whether to take the HIV anti-body test.

## Relapse Prevention

Audience..... Treatment Professionals  
 Capacity .....20  
 Length ..... 6 Hours  
 Cost.....\$135.00  
 Dates & Location: 4/20/17 • Corporation  
 5/16/17 • Woodland  
 6/8/17 • Derry  
 9/8/17 • Woodland  
 11/7/17 • Woodland

Using written materials, lecture and group exercise, this course will provide participants with a thorough understanding of the dynamics of relapse.

### Course Goals Include:

- Understanding the contributing factors to relapse;
- Recognizing the warning signs;
- Developing appropriate continuing care treatment plans;
- Learning to counsel clients effectively regarding relapse;
- Designing relapse prevention plans.

## *CPR/First Aid*

Audience.....	Health & Human Service Professionals
Capacity .....	20
Length .....	4 Hours
Cost.....	\$135.00
Dates & Location:	1/20/17 • Corporation 2/6/17 • Woodland 2/23/17 • Shelton Court 3/1/17 • Woodland 3/10/17 • Derry 3/15/17 • Corporation 3/24/17 • Derry 3/29/17 • Shelton Court 4/6/17 • Shelton Court 4/13/17 • Shelton Court 4/21/17 • Derry 4/26/17 • Shelton Court 5/5/17 • Woodland 5/8/17 • Derry 5/19/17 • Nelson 7/10/17 • Woodland 7/11/17 • Derry 7/21/17 • Corporation 10/20/17 • Corporation 10/26/17 • Woodland

This course teaches individuals the necessary skills to respond to various emergencies, up to and including, life threatening situations that may occur in a variety of different settings. Accordingly, at the completion of the course, individuals will be certified by the American Safety and Health Institute for two years in CPR and three years in First Aid.

### Course Goals Include:

- Learning how to recognize and respond to cardiac arrest, respiratory arrest, choking, and other emergencies;
- Learning how to administer Cardio Pulmonary Resuscitation;
- Learning how to provide Heimlich Maneuvers;
- Learning how to administer first aid for injuries.

## *Conflict Resolution*

Audience.....	Health & Human Services Professionals
Capacity .....	15
Length .....	6 Hours
Cost.....	\$135.00
Dates & Location:	1/30/17 • Derry 2/10/17 • Woodland 2/22/17 • Corporation 10/27/17 • Woodland 11/16/17 • Nelson

This interactive workshop will introduce participants to the dynamics of conflict and lay the foundation for turning conflict into constructive conversation. Attending professionals will develop strategies needed to respond more effectively to conflict with coworkers and clients. The workshop format will include lecture, interactive exercises and group discussions.

### Course Goals Include:

- Gaining a knowledge of conflict and resolution strategies that work;
- Learning how to “get a grip” on our own anger and emotions;
- Learning how to respond to others’ anger;
- Developing constructive conflict communication skills.

## *Pennsylvania Client Placement Criteria*

Audience.....	Treatment Professionals
Capacity .....	25
Length .....	6 Hours
Cost.....	\$20.00
Dates & Location:	To Be Announced

This course examines the use of the Pennsylvania Client Placement Criteria (PCPC) tool, purpose of the PCPC, the six dimensions of the PCPC, the four levels of care, types of service, PCPC format, and application. There will be a follow up 3 hour practical applications to the PCPC training after each event. This is a state requirement.

### Course Goals Include:

- Gaining a comprehensive understanding of the PCPC tool;
- Gaining a comprehensive understanding of the intake, continued stays and discharge process;
- Developing an understanding of “continuum of care.”

## *Confidentiality*

Audience .....D&A Treatment Professionals  
Capacity .....25  
Length .....6 Hours  
Cost .....\$20.00  
Dates & Location: .....To Be Announced

Through written materials, lecture and case study this course presented by a BDAP trainer teaches the D&A professional the legal and ethical issues surrounding confidentiality. Appropriate for all levels of staff, this course ends with a series of exercises designed to address the practical matters associated with protecting each client's right to confidentiality. At completion of the course participants will receive a Pennsylvania Department of Health certificate. There will be a follow up 3 hour practical applications to the Confidentiality training after each event. This is a state requirement.

Course Goals include:

- Learning federal and state laws regarding D&A treatment and HIV/AIDS;
- Understanding how to deal with a variety of practical situations, such as probation officers;
- Understanding the importance of confidentiality.

## *Providing Excellent Customer Service in Behavioral Healthcare*

Audience.....Health & Human Services Professionals  
Capacity .....25  
Length .....6 Hours  
Cost .....\$135.00  
Dates & Location: 3/8/17 • Corporation  
9/12/17 • Corporation

This course is designed to teach professionals the importance of effective communication with referral and funding sources. Through lecture and role playing, the professional will experience real situations that may occur during communicating with referral and funding sources. Case scenarios are extrapolated and utilized based upon actual referral source surveys conducted by Marketing Departments. Accordingly, the workshop examines the process of marketing, referrals, and consumer admission cycle.

Course Goals include:

- Defining Marketing: Internal & External;
- Defining managed care and learn the referral & funding sources throughout different counties and states;
- Developing interpersonal skills to effectively communicate with referral & funding sources;
- Discovering how to eliminate road blocks that disable consumers from accessing/maintaining funding for treatment.

## Hepatitis C/HIV Co-Infection

Audience..... Healthcare & Human Services Professionals  
Capacity .....25  
Length ..... 6 Hours  
Cost.....\$135.00  
Dates & Location: 3/14/17 • Corporation  
11/21/17 • Derry

This training covers the transmission and treatment of Hepatitis C & HIV, and more importantly, issues specific to having both infections concurrently. Testing, biopsy, effective treatment and therapy are discussed. Additionally, drug and alcohol abuse, and their effect on co-infection and relapse are discussed. Case studies and a live interview are featured.

Course Goals include:

- Developing a working knowledge of Hepatitis C and HIV infection transmission and prevention;
- Gaining a knowledge of testing and diagnosis of both infections;
- Learning the trends in transmission, treatment and prevention;
- Exploring options and outcomes and their effects on general health and prognosis;
- Learning issues surrounding herbal remedies, transplant, and addiction and recovery.

## Introduction to Counseling

Audience..... Treatment Professionals  
Capacity ..... 12  
Length ..... 6 Hours  
Cost.....\$135.00  
Dates & Location: 1/26/17 • Woodland  
3/17/17 • Corporation  
4/28/17 • Woodland  
6/16/17 • Woodland  
9/15/17 • Corporation  
9/20/17 • Woodland

This course uses lecture and role play to teach the basic theories of counseling and create a skill base for entry-level clinicians. Counseling theories include Rogerian, Gestalt, Glaser's Reality therapy, etc. Participants are assisted with creating an eclectic approach to counseling sessions.

Course Goals Include:

- Facilitating an understanding of the theories of behavior and related counseling techniques;
- Affording clinicians the opportunity to try different types of counseling techniques;
- Assisting clinicians in developing a personal counseling style with which they feel comfortable.

## Co-Occurring Disorders

Audience .....Health & Human Services Professionals  
Capacity .....20  
Length ..... 12 Hours; 2 Days  
Cost..... \$233.00  
Dates & Location: 2/8/17 - 2/9/17 • Derry  
3/22/17 - 3/23/17 • Corporation  
3/22/17 - 3/23/17 • Woodland

This course introduces participants to co-occurring disorders and is designed to enhance their ability to assess and treat the co-occurring population. During the training period, participants will be able to define, identify, be familiar with, and list key features and characteristics of individuals having co-occurring disorders. Essentially, participants will leave the training with a comprehensive overview of the complexity, and unique treatment issues and approaches for working with persons with co-occurring disorders.

Goals:

- Defining addictive, psychiatric, and co-occurring disorders;
- Defining mental illness and learn the warning signs in adults;
- Gain a basic understanding of the neurological impact of addiction on the brain and its relationship to co-occurring disorders;
- Learning how to use the Diagnostic and Statistical Manual of Mental Disorders (DSM);
- Identifying methods, models and best practices for the assessment and treatment of co-occurring disorders;
- Gaining a basic understanding of the role of psychotropic medication in the treatment of mental illness;
- Identifying the unique needs and characteristics of persons with co-occurring disorders, and the impact on access and coordination of services.

# Providing Culturally Affirmative Services for LGBTQI Communities

Audience.....	Treatment Professionals
Capacity.....	20
Length.....	6 Hours
Cost.....	\$135.00
Dates & Location:	2/14/17 • Corporation 3/16/17 • Nelson 4/28/17 • Derry 5/25/17 • Woodland 8/3/17 • Derry 9/22/17 • Corporation 11/14/17 • Woodland

This course is designed to sensitize and educate participants about individuals in Lesbian, Gay, Bi-Sexual, Transgender, Questioning, & Intersex (LGBTQI) communities. We will examine the stereotypes, biases, and hostility that can be shown by society towards LGBTQI people. Participants will explore the negative impact of discrimination on the LGBTQI population. The language and terminology relevant to LGBTQI communities will be covered, as well as, how to provide welcoming and affirmative services to this heterogeneous population.

**Course Goals Include:**

- An increased knowledge, understanding, and affirmation of LGBTQI people, communities and cultures;
- Identifying challenges to optimal health and quality of life for LGBTQI people;
- An understanding of the effects of gender oppression, transphobia, homophobia, stigma, and discrimination, as well as, the impact of race, ethnicity and class on this population;
- An understanding that there is a correlation between the psychological pressures experienced by the LGBTQI population and their substance abuse;
- An increased awareness of ones own attitudes, biases, assumptions, and prejudices towards the LGBTQI population, and how they may help or hinder attempts to provide services to these minority communities;
- Reviewing definitions and language that is culturally affirming and clinically appropriate to the LGBTQI population;
- Learning ways to provide safe environments and services to LGBTQI people that are welcoming and affirmative.

# Culturally Sensitive Treatment

Audience.....	Treatment Professionals
Capacity.....	20
Length.....	12 Hours: 2 Days
Cost.....	\$233.00
Dates & Location:	2/23/17 - 2/24/17 • Woodland 4/24/17- 4/25/17 • Corporation 5/8/17 - 5/9/17 • Woodland 6/7/17- 6/8/17 • Corporation 8/10/17 - 8/11/17 • Woodland 11/2/17- 11/3/17 • Woodland

An experiential course designed to heighten the treatment professional’s awareness of his/her own cultural framework through which he/she relates to clients. While role playing a variety of treatment situations with different types of clients, the participant identifies his/her own attitudes, beliefs and biases, and recognizes the impact on the client.

**Course Goals Include:**

- Developing an understanding of the impact of culture on behavior;
- Learning to recognize the difference between culturally dictated behavior and dysfunctional behavior;
- Understanding how culture impacts on interactions;
- Aiding the treatment professional in identifying his/her own cultural framework and preventing bias, stereotyping, and discrimination from impacting professional relationships.



# Introduction to Pharmacology & Designer/Synthetic Drugs

Audience .....Behavioral Health Professionals  
Capacity .....25  
Length .....6 Hours  
Cost .....\$ 135.00  
Dates & Location:                   3/3/17 • Corporation  
  3/6/17 • Derry  
  3/27/17 • Corporation  
  4/19/17 • Woodland  
  5/2/17 • Nelson  
  6/12/17 • Derry  
  7/19/17 • Corporation  
  8/24/17 • Woodland

This workshop provides a basic background of how drugs work, and how they affect the human brain and body. Participants will receive an overview of Alcohol and other Drugs of Abuse. Particular attention will be placed on drugs currently being synthesized and used on the street, both locally and regionally, how they are being used, desired effect and side effects of each, withdrawal syndrome, and prevention and treatment issues.

Course Goals Include:

- Identifying the basic categories of the drugs of abuse;
- Identifying the current epidemic and trends of “Designer Drugs”
- Describing the mechanism of action of the drugs of abuse;
- Discussing the acute and post-acute withdrawal symptoms associated with alcohol and other drugs of abuse;
- Defining terminology relating to Substance Abuse, Dependence, Treatment and Prevention.

## Overview of Substance Abuse

Audience ..... Treatment Professionals  
Capacity .....20  
Length .....12 Hours; 2 Days  
Cost.....\$233.00  
Dates & Location:           6/1/17 - 6/2/17 • Woodland  
  7/25/17 - 7/26/17 • Corporation  
  12/7/17 - 12/8/17 •Derry

This course is designed to help participants gain an understanding of the major drugs of abuse and their biological, psychological, and social effects on an individual.

Course Goals Include:

- Exploring the magnitude of the substance abuse problem; including demographics;
- Identifying the five stages in the continuum of drug abuse;
- Listing three criteria for identification of substance dependence using DSM IV criteria;
- Learning the effects different substances have on the biological, psychological, and social components of individuals.

# GAUDENZIA TRAINING INSTITUTE

## Discounts Offered

- *10% discount for 1st time registration.*
- *20% discount for 3 or more registrations.*
- *VIP Package - 25% discount for 6 trainings.*
- *We will develop and provide specialized trainings to meet your needs.*
- *Discounts cannot be combined.*

## Special Advertising

*To submit your advertisement for consideration to be publicized in next year's brochure please call 610-239-9600 extension 1024.*

### *Pricing*

*\$800.00 full page*

*\$400.00 half page*

*\$200.00 quarter page*

# GAUDENZIA WORKFORCE ACADEMY

## Peer Leadership Program

The Peer Leadership Program, is a twelve (12) month intensive training program, designed to prepare its participants with the knowledge, skills and resources to become entry level House Managers for Gaudenzia, Inc. Participants are required to attend training three (3) days a week, for eighteen (18) weeks, and complete a six (6) week internship, at an assigned Gaudenzia Program. Upon successful completion of the Peer Leadership Program, participants will be eligible to sit for the CRS (Certified Recovery Specialist) Examination, and will meet the requirements to enter the six month, on-the-job, House Manager training program. The long term goal, is to provide successful participants entry level positions, with a job path for future advancement.

As the program evolves, Gaudenzia staff will continually monitor the program, to ensure the responsiveness to the focus of the agency's needs, and the maintenance of high level training and education considerations. The Peer Leadership Program, will ensure that there will be a continually evolving workforce, that meets the ever changing demands of the fields of substance abuse, mental health, and criminal justice services.



# registration form

*Registration Deadline: The deadline to register for any course is 3 calendar days prior to the scheduled date of training.*

*Cancellation Policy: Cancellations received at least 7 calendar days prior to the seminar are refundable, less a \$10.00 per person administrative service charge. (There is a two week waiting period for a refund.)*

**Please print clearly or type**

Name \_\_\_\_\_

Title \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_

Fax ( ) \_\_\_\_\_

e-mail: \_\_\_\_\_

Course Title \_\_\_\_\_

Date(s) of Training \_\_\_\_\_

Training Location \_\_\_\_\_

PAYMENT is due with registration                      Cost of Training \$ \_\_\_\_\_

Credit Card    \_\_\_ Visa    \_\_\_ Mastercard

Card#: \_\_\_\_\_ Exp: \_\_\_/\_\_\_

Signature: \_\_\_\_\_

Check or Money Order made payable to "Gaudenzia Training Institute."

Mail to:

Attn: Training Department  
Gaudenzia, Inc.  
106 W. Main Street, 3rd Floor  
Norristown, PA 19401

or call/fax to:  
Samantha Fox at:  
(610) 239-9600 ext. 1044  
(610) 239-9324 fax





# Gaudenzia Training Institute

106 W. Main Street  
Norristown, PA 19401

NON PROFIT ORG  
U.S. POSTAGE  
PAID  
Bellmawr, NJ  
Permit # 280

---

For more information about  
Gaudenzia and the Training Institute  
log onto [www.gaudenzia.org](http://www.gaudenzia.org) or  
contact:

Samantha Fox

Phone: 610-239-9600 ext. 1044

Fax: 610-239-9324

## Gaudenzia Training Institute

[www.gaudenzia.org](http://www.gaudenzia.org)

Editor:

James Sease, MHS

[jsease@gaudenzia.org](mailto:jsease@gaudenzia.org)

Training Manager

Co Editor:

Samantha Fox, BS

[safox@gaudenzia.org](mailto:safox@gaudenzia.org)

Administrative Coordinator

We would like to acknowledge and thank all of the members of the Training Institute Committees, and instructors for their support in this endeavor.

If you would like to be added to the mailing list for brochures, announcements, and discounts, or for any address changes; please email Samantha Fox at [safox@gaudenzia.org](mailto:safox@gaudenzia.org) or call: (610) 239-9600 ext. 1044